



第十二届“叶圣陶杯”国际青少年英语大赛

省级初赛试题（初中组）

总分：100 分

I. Read the following sentences and choose the best from A. B. C. D. (each 4 scores, all 60 scores)

1.—Hey, Lucy! Are you in Shanghai with Lily?

—Yes, we're in Shanghai for _____ days and this is our _____ day in Shanghai.

A. five; five B. five; fifth C. fifth; five D. fifth; fifth

2. Yesterday, Mark was sick _____ bed, so he didn't go to work today.

A. above B. in C. across D. on

3. Look at your long _____ hair. It's so beautiful.

A. expensive B. straight C. cheap D. convenient

4. Ruby has longer hair than _____ in her class.

A. any girl B. all the girls C. other girls D. any other girl

5. _____ of my hands are dirty. I have to wash them before lunch.

A. Much B. All C. Two D. Both

6.—Mom, so hot! Can I take the *helmet*(头盔) off?

—Oh, dear, everyone _____ wear it. Safety comes first.

A. must B. can C. mustn't D. can't

7. _____ a small world it is! I can't believe to meet you here.

A. Where B. What C. How D. Why

8. There is little space in the box, _____ there?

A. is B. isn't C. does D. doesn't

9.— _____ does Jeremy take out the *trash*(垃圾)?

—Twice a week.

A. How often B. How much C. Which D. What

10. My family always go somewhere interesting _____ the holiday begins.

A. so that B. even though C. as soon as D. unless



11.—I was listening to the news at eight o'clock last night. What about you?

—I _____ at home.

A.exercised B.am exercising C.was exercising D.will exercise

12.—I'm thinking whether the dog _____.

—It _____ after returning from camping.

A.needs to wash, smells badly

B.needs washing, is smelt badly

C.needs washing, smells bad

D.needs to be washed, is smelt bad

13. _____ go to bed after eleven. It's not good for your body.

A.Never B.Always C.You never D.Always you

14. —John, can you tell me _____ in the future?

—I want to be a football player.

A.what will you do B.where will you go C.what you will do D.where you will go

15.I like making friends _____ are calm and knowledge.

A.who B.how C.where D.whom

II.Read the following passages and choose the best from A. B. C. D. (each 4 scores, all 40 scores)

A

Everyone knows that good sleep is important for our health. Not everyone knows how important it is to sleep in the dark. A new report says sleeping with a light on could be bad for our health and turning off the lights when we sleep could help to keep away from *diabetes* (糖尿病) and heart disease.

According to the report, around 40 percent of people sleep with some sort of **artificial** light such as light from a television or an alarm clock, which could *influence* (影响) our health. The worst thing to sleep with is a main light. Sleeping in the dark is more difficult for people who live in cities, where there is a lot of outdoor light at night.

Dr. Phyllis Zee is the lead researcher from the Northwestern University Feinberg School of Medicine in Chicago, the USA. Her team studied 20 participants. They recorded their



brainwaves, breathing, heart rates and also drew blood from them to measure *melatonin* (褪黑激素) *levels*(水平) while they were sleeping.

They found that the participants who slept with a light on had higher blood sugar levels the next morning compared to those who slept in total darkness. Dr. Zee said this is because light makes their brain more active, which raises blood sugar levels. Besides, having the light on when the participants were sleeping made their heart rates increase, which in turn made it harder for their body to rest properly. “That’s bad. Usually, your heart rate is lower at night and higher during the day,” the researcher said.

Dr. Zee said, “Make sure that you start *dimming*(减低亮度) your lights at least an hour or two before you go to bed to prepare your environment for sleep. There are three things we can do to reduce the risk of illness: turn off the lights, never sleep with white or blue light, and use a curtain or wear an eye mask.”

16.What does the underlined word “artificial” in Paragraph 2 mean?

A.Natural. B.Bright. C.Strange. D.Man-made.

17.According to the report, why are people in cities more difficult to sleep in the dark?

A.They have more pressure.
B.They usually work till midnight.
C.They enjoy a colorful night life.
D.They can’t escape from outdoor light.

18.What may be a *result*(结果) of sleeping with a light on?

A.Making the brain less active. B.Helping the body rest well.
C.Raising blood sugar levels. D.Lowering the heart rate.

19.Where is the passage probably taken from?

A.A news report. B.A health magazine. C.A travel guide. D.A storybook.

B

Sunday

Tonight, Mom called for a “house meeting”. She told us that she was going back to school to start taking lessons. Well, it was totally out of my expectation. She is always there when I get home from school, and that’s the way I like it. But now, we have to make our own



dinners and start doing housework.

Wednesday

The first few nights with Mom away have been a disaster. We tried making our dinner by ourselves. Mandy made the iced tea, but it was undrinkable. Rodric cooked the roast beef, but it was a mess. Therefore, we **bagged** the homemade meal idea and went out to eat.

Tuesday

“Greg, why are the rubbish bags still at home? It’s your task!” Dad shouted and asked me why I didn’t do my job this morning. He said I needed to start being more responsible.

I’ve heard it from Dad before. Last summer, our neighbor Ms. Grove, asked me to look after the plants while she went on business. Well, I watered them several times for the first few days and then I got busy with other things. Ms. Grove was pretty mad because most of the plants didn’t make it.

Thursday

Dad is really serious about me taking on more responsibility. And first he wants me to wake myself up in the morning. That’s actually a real problem.

Yesterday was the first day I tried to wake myself up, and it didn’t work out. My alarm clock went off, but the sound just worked its way into my dream. And today didn’t go any better.

20. Greg’s Mom called for a “house meeting” because she decided to _____.

- A. make dinners with us B. teach lessons at a school
C. start doing housework D. return to school to have lessons

21. Greg felt _____ when he knew about Mom’s plan during the “house meeting”.

- A. proud B. relaxed C. delighted D. surprised

22. Therefore, we bagged the homemade meal idea and went out to eat. “bagged” probably means _____.

- A. gave up B. thought about C. depended on D. were aware of

23. What’s Greg’s task at home?

- A. Waking others up. B. Cleaning the house up.
C. Taking out the rubbish. D. Looking after the plants.



24. From the passage, we can learn that Greg's Dad expected him to _____.

- A. build up self-confidence B. become more responsible
C. make friends with neighbors D. put up early in the morning

25. The passage is probably taken from _____.

- A. a diary B. a schedule C. a news report D. a science magazine